



Thriving After Cancer Survivorship Resources

Support

Active and Post-treatment support groups at the MFA	202-741-2218
MFA Psychiatry Department	202-741-2888
CancerCare	1-800-813-HOPE
Online and phone counseling and support	www.cancercare.org
Cancer Hope Network (get matched with another survivor)	800-552-4366
Imerman Angels (get matched with another survivor)	312-274-5529
Hope Connections for Cancer Support (online & in Bethesda)	301-493-5002
Life with Cancer (INOVA support program)	703-698-2526

Complementary & Holistic Therapies

GW Center for Integrative Medicine, NH Ave	202-833-5055
Quality of life resources (reiki, nutrition, supplements, acupuncture)	

Pain and Palliative Care

Spine and Pain Center – (2131 K St)	202-715-4598
Capital Caring	855-571-5700

Spiritual Care

GW Hospital Chaplain Referral Service	202-715-5329
Smith Center (DC)	http://www.smithcenter.org/cancer-retreats.html
The Gathering Place (list of retreats and camps offered throughout US)	http://touchedbycancer.org/dev/survivorship/cancer-retreats/

Supportive Arts

Courage Collages	www.couragecollages.org
Smith Center for Healing & the Arts	www.smithcenter.org

Physical Activity Resources

Cancer Rehab with Physical Therapists at GW	202-715-5655
Casting (Fishing) for Recovery	www.castingforrecovery.org
Breast Cancer Fitness Support Group	202-332-0100
Washington Sports Club Dupont Circle	
Circle Yoga (for Breast Cancer Survivors, Chevy Chase, DC)	202-686-1104
Go Pink! DC (Dragon Boat Paddling for Breast Cancer Survivors)	www.gopinkdc.com
Hope Connections (Free Yoga, Pilates, Medication in Bethesda)	301-493-5002
Wellness Snapdragons	snapdragonsdc.com
(Mixed dragon boat team for survivors of all cancers and their supporters)	
INOVA's Life with Cancer	703-698-2526
(Offers a wealth of exercise opportunities including chair-based exercise, yoga, and aerobics)	
Smith Center Gentle Therapeutic Yoga	www.smithcenter.org

National General Cancer Resources

ASCO Cancer Foundation www.cancer.net
American Cancer Society www.cancer.org
Leukemia & Lymphoma Society www.leukemia-lymphoma.org
National Cancer Institute www.cancer.gov

Adolescent and Young Adult (AYA) Resources

Fertile Hope/Livestrong Fertility www.fertilehope.org
Healthy Survivorship app for phones www.healthysurvivorship.org
Smith Center's DC Young Adult Cancer Community
<http://www.smithcenter.org/programs-retreats/programs-by-name/dc-young-adult-cancer-community-september-meet-up1.html>
Stupid Cancer-The Voice of Young Adult Cancer www.stupidcancer.org
TigerLily Foundation (breast cancer) www.tigerlilyfoundation.org
Ulman Cancer Fund for Young Adults www.ulmanfund.org

Pediatric Cancer Survivor Resources

SurvivorLink <http://cancersurvivorlink.org>
Children's Oncology Group www.childrensoncologygroup.org

Financial, Legal, Advocacy

Patient Advocate Foundation/ Co-pay Relief 1-800-532-5274
Covers co-pays for cancer and other chronic www.patientadvocate.org
conditions. Must be in treatment or received treatment www.copays.org
within the last 12 months. PAF also provides case management and help with insurance,
employment, financial issues.
Cancer Legal Resource Center www.cancerlegalresourcecenter.org
Cancer and Careers www.cancerandcareers.org
National Coalition for Cancer Survivorship www.canceradvocacy.org

Survivorship Care Planning

Thriving After Cancer Survivorship Clinic at GW MFA 202-741-2222
Journey Forward www.journeyforward.org
ASCO Treatment Summaries
<http://www.cancer.net/patient/Survivorship/ASCO+Cancer+Treatment+Summaries>
National Institutes of Health www.cancer.gov/cancertopics/coping/survivorship



National Cancer Organizations by Cancer Type

Bladder	Bladder Cancer Advocacy Network	http://www.bcan.org/
Brain	American Brain Tumor Association	http://www.abta.org/
	National Brain Tumor Society	http://www.brainumor.org/
	The Brain Tumor Foundation	http://www.brainumorfoundation.org/
Breast	Susan G. Komen Foundation	http://www.komen.org
	Breastcancer.org	http://www.breastcancer.org
	Living Beyond Breast Cancer.org	www.lbbc.org
	Metavivor	Metavivor.org
Carcinoid	Caring for Carcinoid Foundation	http://www.caringforcarcinoid.org/
	The Carcinoid Cancer Foundation	http://www.carcinoid.org/
Cervical	National Cervical Cancer Coalition	http://www.nccc-online.org/
Colorectal	Colorectal Cancer Coalition	http://fightcolorectalcancer.org/
Gastric	Gastric Cancer Fund	http://www.gastriccancer.org/
GIST (gastrointestinal stromal tumors)	GIST Support International	http://www.gistsupport.org/
	Head and Neck, Esophageal	
	Head and Neck Cancer Alliance	http://www.headandneck.org/
Lung	Lung Cancer Alliance	http://www.lungcanceralliance.org/facing/resources.html
	American Lung Association	http://www.lungusa.org/
Leukemia and Lymphoma	Leukemia and Lymphoma Society	http://www.leukemia-lymphoma.org/hm_lls
Liver	MedLinePlus Liver Cancer	http://www.nlm.nih.gov/medlineplus/livercancer.html
Melanoma	American Melanoma Foundation	http://www.melanomafoundation.org/
	Melanoma Research Foundation	http://www.melanoma.org/
Oral	Support for People with Oral and Head and Neck Cancer	http://www.spohnc.org/
Ovarian	Rhondas Club	http://www.rhondasclub.org/
	Ovarian Cancer National Alliance	http://www.ovariancancer.org/
Pancreatic	Pancreatic Cancer Action Network	http://www.pancan.org/

Pediatric Cancers

SurvivorLink <http://cancersurvivorlink.org>
Children's Oncology Group www.childrensoncologygroup.org

Prostate

Prostate Cancer Research Institute <http://www.prostate-cancer.org>
The Prostate Net <http://www.prostate-online.com/aboutUs.html>
Us Too International <http://www.ustoo.org/>

Renal

Kidney Cancer Association <http://www.kidneycancer.org/>

Sarcoma

Sarcoma Foundation of America <http://www.curesarcoma.org/>
Sarcoma Alliance <http://www.sarcomaalliance.org/>

Testicular

Stanford Medical Center
<http://cancer.stanford.edu/urologic/testicular/>

Thyroid

Thyroid Cancer Survivors Association <http://www.thyca.org/>

Uterine, Vulvular

Gynecologic Cancer Foundation <http://www.wcn.org/>